

Implementation Committee Meeting

Meeting date: Tuesday, December 3, 2019

Meeting time: 12:34pm – 1:25pm

Meeting location: Conference room, 12 Benedict Ave.

Recorder: Kristen Cardone

Committee Members Present:

X	Lisa Hivnor, First Vice Chair, Committee Chair	X	Dave Light
	Katie Chieda, Board Chair - excused	X	Dorothy Ruffer
X	Tom Sharpnack	X	DeEtte Zimmerman
X	Steven Fawcett		

Board Staff Present:

X	Kristen Cardone, Executive Director	X	Ashley Morrow, Administrative Assistant
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Unfinished business/updates:

- Nord Center open house
 - Ms. Cardone shared with committee members an invite that she received for the Nord Center open house December 10th from 3pm-5pm and encouraged members to attend if they were able.
- Board member training
 - Ms. Cardone shared that all Board member training must be completed by the end of December and if Board members have completed any CEU's to please send her a copy of the certification. She will be reaching out to Board members who still need to complete their required hours of training and send a link to the Ethics training that is available to complete.
- Open Board seat
 - Mr. Dave Light shared that he is resigning from the Board effective December 10th. Ms. Cardone stated that this will leave an open Board seat that will need to be filled. She said there is some interest in that seat and she will move forward with the application and interview process.
- Dinner
 - Ms. Cardone shared that the Board will be having a dinner before the December 10th Board Meeting to celebrate and thank Mr. Light for his time on the Board and service to the community.

Action Items/carryover from Planning and Monitoring

- FLC funding request (Attachment I, motion)
 - Ms. Cardone shared with committee members a funding request from Family Life Counseling. The funding request is for Therapeutic Crisis Intervention Training. The goal of the training is to proactively prevent and/or de-escalate a potential crisis situation with a child or young person, manage a crisis situation in a therapeutic manner, process a crisis event with children and young people to help improve their coping strategies, and effectively deliver TCI training to others. The training will help prepare for the implementation of a collaborative program, Children's Mobile Response & Stabilization Services. Ms. Cardone shared that Dr. Steven Burggraf stated he will train 24 people and will offer trainings twice a year. He intends to collaborate with the

Department of Job and Family Services and the parents involved in their services to reduce the need for therapy and to provide skills to parents to help de-escalate crisis situations in the home.

- There were no questions regarding this request for funding and the Committee agreed to add the motion to the December Board meeting.
- After prom funding requests (Attachment II, motion)
 - Ms. Cardone shared that she has reached out to all schools in the county regarding supporting their after proms and 4 schools have responded. She shared that the decision was to split the funding equally between the schools that were interested. It was determined that each school that responded would receive \$875 each toward their after-prom activities.
 - There were no questions regarding this request for funding and the Committee agreed to add the motion to the December Board meeting.
- SPF Prevention Grant (motion)
 - Ms. Cardone shared an update on the SPF Prevention Grant that the Board received. The grant is for the infrastructure of prevention services that was applied for in March 2019 with Sandusky, Seneca, & Wyandot County. The target audience for this grant are youth 9-22 years of age and the desired outcome is to reduce alcohol and marijuana use. She shared that through this grant, the Oh YES survey will be completed by students in each school that is participating once a year for the next 5 years. This survey will help give greater insight on the issue of substance use and what is working or not working to prevent and reduce substance use. Ms. Cardone shared that she has attended multiple meetings concerning this grant and through discussions it has been decided that the money will be used towards the hiring of a prevention coordinator. Through discussions it was also determined that the best organization for this position would be the Family and Children First Council (FCFC) so that it can continue to grow in the future.
 - Mr. Sharpnack asked how the surveys are distributed through the schools.
 - Ms. Cardone said they are electronic surveys but as for how and when the surveys are distributed, that is up to the schools.
 - Ms. Cardone shared that the person who will be hired for the position will be required to take a certification course through the state. It is a 5-day training and a test. The grant will require a decent amount of reporting so the Board will be able to track the outcomes of the prevention efforts.
 - There were no concerns regarding providing this funding to FCFC to allow for the creation of a prevention position for Huron County and the Committee agreed to add the motion to the December Board meeting.

Discussion Items:

- Review estimates for 2 Oak Street (handouts)
 - Ms. Cardone shared the multiple estimates that have been received for renovations on the office space that was recently purchased. Estimates for mold removal and other renovations needed were reviewed by committee members.
 - After review and discussion, the Committee recommends MAD Cleaning for mold removal and Legends General Contractors for the remaining renovations.
 - Mr. Sharpnack also asked Ms. Cardone to get a quote on changing the sign in front of the building as soon as possible.

Attachment I

Huron County Mental Health & Addiction Services Board
Attention: Kristen Cardone, Executive Director
12 Benedict Ave.
Norwalk, Ohio 44857

Dear Kristen,

In preparation for the implementation of the collaborative program, **Children's Mobile Response & Stabilization Services** (program description attached) with Huron County Children Services, I am requesting partial funding for training in the Therapeutic Crisis Intervention System (TCI). The (TCI) training program for child and youth care staff presents a crisis prevention and intervention model designed to teach staff how to help children learn constructive ways to handle crisis. The training that I will be attending is a training of the trainer in the TCI Model. This course will certify me to train managers, counselors, social workers, and care workers in therapeutic crisis intervention techniques. I have attached a description of the training for your review. In addition to training the clinical staff and children services staff involved in the **Children's Mobile Response & Stabilization Services** program I will be willing to offer the training to all Huron County foster parents at no charge. I will commit to offering the training twice a year or as needed: 2020 – 2023. The cost of attending the training is as follows:

• Cost of Therapeutic Crisis Intervention Systems Training Dec. 9-13, 2019 Ithaca, NY:	\$2,300.00
• Round Trip Mansfield Oh. to Ithaca, NY. (407 miles) X .40 X 2 =	\$325.60
• Discounted Hotel + Parking =	<u>\$890.00</u>
	Total \$3,515.60

Family Life Counseling and Psychiatric Services will agree to absorb 50% of the training cost. Therefore, the request is for the amount of: **\$1,757.80**. Thank you for your consideration of this request.

Sincerely yours,

Steven Burggraf Ph.D., LPCC-S, IMFT

Steven Burggraf Ph.D., LPCC-S, IMFT

Executive Director, Family Life Counseling and Psychiatric Services

Therapeutic Crisis Intervention (TCI) Training of Trainers Program

This intensive five-day TCI train-the-trainer certification course provides organizations with the opportunity to develop an in-house training capacity in the TCI curriculum. Participants will develop knowledge, skills, and attitudes in the TCI curriculum necessary to deliver the training to staff in their organizations. Participants will have the chance to participate, practice, and receive feedback in conducting activities to gain immediate training experience. Training techniques such as role playing, leading small group discussions, using guided fantasies, conducting practice sessions, and using audiovisual aids will be demonstrated. Participants will receive all the necessary materials to conduct the TCI training program in their agency.

Program Objectives

Participants will be able to:

- Proactively prevent and/or de-escalate a potential crisis situation with a child or young person
- Manage a crisis situation in a therapeutic manner, and, if necessary, intervene physically in a manner that reduces the risk of harm to children and staff
- Process the crisis event with children and young people to help improve their coping strategies

- Effectively deliver TCI training in their agencies

Program Outline

Day 1: Crisis as Opportunity. Crisis is defined and ways that adults can prevent a crisis situation are identified. Participants are taught how to maintain self-control in preventing or handling a crisis through awareness of their own personal feelings and values, the young person's needs and wants, and environmental effects on behavior.

Day 2: Triggering and Escalation. Verbal and nonverbal techniques for crisis prevention and de-escalation are presented. How to avoid crisis cycles, use protective interventions, and methods to de-escalate a potentially violent child are practiced.

Day 3: Escalation, Outburst, and Recovery. Life Space Interviewing (LSI) techniques are taught and methods to deescalate a potentially violent child are practiced. The rationale for safety interventions is explained and situations when restraint should and should not be used are discussed. The use of various physical intervention techniques and safety concerns are discussed and practiced.

Day 4: Outburst and Recovery. Participants practice Life Space Interviewing. Safety concerns and documentation issues are discussed. Participants have opportunities to practice the use of various physical intervention techniques.

Day 5: Implementing the TCI System. Life Space Interviewing is practiced and the elements of the TCI system are reviewed. All participants are tested for certification as a trainer.

Children's Mobile Response & Stabilization Services

A collaborative community effort by Huron County Children's Services &

Family Life Counseling & Psychiatric Services

Program Description

Mobile Response and Stabilization Services (MRSS) are available 24 hours a day, seven days a week, to help children, youth and their families who are experiencing crises. The services are designed to defuse an immediate crisis, keep children and their families' safe, and maintain the children in their own homes or current living situation in the community.

The goal of MRSS is to provide intervention and support at the earliest moment families identify that help is needed. Early intervention increases the opportunity to minimize the likelihood of future crises and supports a child and family's path to success. MRSS operates through a trauma-informed lens to understand what the family has experienced and then help them cope with the immediate crisis.

When there is a crisis, an MRSS worker is available within one hour to help de-escalate, assess, and develop a plan together with the child and family.

- MRSS is accessible through a designated phone number, which serves as a single point of entry to a range of services.

- As soon as a Huron County Children Service (HCCS) case worker determines that the family meets the inclusionary criteria, the Family Life Counseling clinical staff is dispatched to be on site within the hour or at a more convenient time within 24 hours, depending on the family's preferences and needs.
- MRSS is initially available during the 72 hours following the request for help, with a focus on de-escalating, assessing, and planning, but can be extended for up to eight weeks of stabilization services.

Services vary according to the child and family's individual needs, but often include some combination of the following:

- In-home counseling
- Behavioral assistance
- Caregiver therapeutic support
- Intensive in-community services
- Skill-building
- Medication management
- Coordination and development of informal and natural support systems, such as faith-based organizations, mentors, and peer support
- Coordination of specialized services to address the needs of children/family members with co-occurring developmental disabilities and substance use.
- The treatment plan is developed together with the child and family and is strengths-based, child-centered, family-driven, community-based, trauma-sensitive, and culturally and linguistically mindful.

Families define their own crisis. By working with birth families, MRSS addresses youth and family needs and stabilizes their circumstances, which can prevent the need for higher intensity intervention or additional system involvement, such as entry into foster care. For youth and families who are involved with the child welfare system, MRSS can support youth and foster parents at the time of entry into foster care or at any time during the placement, as well as support a child and family following reunification. MRSS also helps improve relative placement stability, and strengthen post-permanency outcomes by supporting children in guardianship and adoptive families.

How does the MRSS intervention work?

MRSS follows a four-pronged approach:

1. On-site crisis intervention for immediate de-escalation of presenting emotional symptoms and behaviors, including observing, interrupting and shifting dynamics, providing education and skill introduction.
2. Assessment, planning, skill building, psycho-education, and resource linkage to stabilize presenting needs, including understanding strengths, triggers, communication, and other key contexts (medical, mental health, trauma, development, patterns of behavior, collateral outreach, etc.)
3. Assistance to the child and family in returning to baseline or routine functioning, and the prevention of further escalation.
4. Provision of prevention strategies and resources to cope with presenting emotional symptoms, behaviors, and existing circumstances, and create a plan to avoid future crises.

How is MRSS funded?

MRSS is supported through the following sources of funding:

- Medicaid
- Insurance coverage
- Wrap/Flex funds, to support services not covered by Medicaid.

Phase Two Proposal

Phase two of this proposal involves the implementation of short term **Crisis Foster Homes** for children/youth that require placement for safety purposes. The Crisis Foster Home care givers would be trained in the **Therapeutic Crisis Intervention for Families** model, produced by Cornell University, College of Human Ecology. The training is designed to:

- Present strategies for dealing with upset children to prevent and de-escalate potential crises.
- Teach methods to help adults avoid power struggles and enlist a child's cooperation.
- Show how a crisis can be an opportunity for the child to learn new coping skills

The crisis foster home care givers would serve as an integral part of a comprehensive Children's Mobile Response & Stabilization Services team. The objective of the crisis foster home placement will be to provide a short term safe environment while working with the team to safely reintegrate the child/youth back with their family. This component would be implemented when crisis placement criteria is met at the direction of Huron County Children Service

Draft proposal: # 1 – submitted 9/18/2019

Steven Burggraf Ph.D.

sburggraf.flc@gmail.com

Q: Please let me know how many clinicians and children's services staff you plan to train and by what date.

A: My proposal is to:

- train all of FLC Norwalk office and school-based staff: 14 staff members. by January 31, 2019
- train all of Huron County Children Services field case Workers: 10 staff members by January 31, 2019

Q: Additionally, do you plan on training all clinicians in Huron County or just Family Life clinicians?

A: My proposal is to: offer is to offer the training twice a year or as needed: 2020 – 2023 to Huron County foster parents and Huron County clinicians at no charge except for the cost of student training manuals. There will be no charge for the presentation.

Q: If all clinicians, please describe what that plan looks like and what conversations you have had with those agencies?

A: I have not discussed this with other agencies, however, I would be glad to coordinate and schedule the trainings to the Huron County community through the Board and we could offer CEU's.

Attachment II

New London Local Schools

Educating Tomorrow's Leaders

November 15, 2019

Kristen,

New London High School in conjunction with the NLHS Post-Prom Committee proudly sponsors a sober post-prom each year for our students. This year's post-prom will be held at New London High School and we are currently raising funds to provide a safe, yet fun event. Please accept this letter as a formal request from New London Local Schools for financial support from the Board Of Mental Health and Addiction Services for our post-prom.

I'd be happy to supply additional information upon request.

Thank you



Brad Romano
Superintendent
New London Local Schools



South Central Local Schools

Home of the Trojans
Board of Education Office
3305 Greenwich-Angling Rd.
Greenwich, OH. 44837
Phone: 419.752.3815
Fax: 419.752.0182

Kristen Cardone
Executive Director, Huron County Board of Mental Health & Addiction Services
12 Benedict Avenue
Norwalk, OH 44857

Dear Ms. Cardone:

Please allow this letter to serve as South Central High School's interest in receiving financial support for our 2020 After-Prom activities. The "After-Prom Moms" will greatly appreciate the financial assistance.

If there is additional documentation your agency needs, do not hesitate to let me know. Thank you, and thank the board for your, and their, continued support of safe and productive decisions in the lives of young adults.

Together we can,

Thomas Hellickson
Principal
South Central High School

"Character, Competence, & Commitment"

WILLARD  SCHOOLS

WILLARD MIDDLE/HIGH SCHOOL
ONE FLASHES AVENUE
WILLARD, OHIO 44890
PH. (419) 935-1541 - FAX (419) 935-8312

November 19, 2019

Kristen Cardone
Huron County Board of Mental Health & Addiction Services
12 Benedict Ave.
Norwalk, OH 44857

Dear Ms. Cardone:

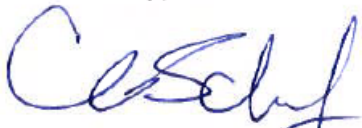
Spring is almost here and Prom time, which is scheduled for May 9th, is upon us again. Keeping our students safe and drug free is a top priority, and is imperative to the success of the prom activities at Willard High School. I want to take this opportunity to thank you for your generosity in the past in helping fund our after prom activities.

As the principal of Willard High School, I am asking for the opportunity to apply for another mini-grant to help ensure that our students have a safe and drug-free after prom. We have planned for our students to have a fun-filled evening at Castaway Bay. Willard City Schools will bus the students from the dance to Castaway Bay and then return to the high school around 2:00 am. The after prom activities will be chaperoned by parents, staff members, and employees of Castaway Bay.

If you are still offering mini-grants for drug free activities would you please contact me at your earliest convenience to make our after prom activities safe and drug free.

Thank you in advance.

Sincerely,



Chris Schaaf, Principal
Willard High School



Norwalk City School District
Office of the Superintendent
Mr. George Fisk

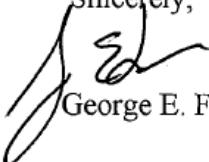
November 19, 2019

Dear Members of the Huron County Board of Mental Health and Addiction Services:

On behalf of the Norwalk City School District After Prom Committee I would like to request any support the MHAS Board may be able to provide to allow our committee to provide a sober after prom experience for the students of Norwalk High School.

Norwalk High School has a strong history of providing a safe and sober after prom experience for our students. Through your support we will be able to continue to offer this safe alternative which provides a layer of assurance to our students and families on what is statistically one of the most dangerous weekends for high school students.

Thank you for your support of NCSD and all Huron County schools.

Sincerely,

George E. Fisk