## **Huron County Veterans Resource Guide**

## Clinicians:

- Dr. Jackie Hamler
  - Works at VA and in private practice in Norwalk
  - o 216-791-3800 ext 66886
- Laura Wheeler, CCFI Counseling, Wakeman
  - o Grief, EMDR
  - o 440-839-2200
- Courtney Burger, Bloom Counseling, Norwalk
  - Specializes in grief and trauma
  - Women only
  - o 419-706-2120
- Wendie Parsons-Nuhn, A New Lease Counseling & Recovery Services, Norwalk
  - o Trauma, EMDR
  - 0 419-668-9675
- Judi Fisher, Lakeshore Health and Wellness, Vermilion
  - Specializes in grief and loss; history of working with veterans
  - o 440-963-0402
- Allyson Heyman Engelhart, Abundant Life Counseling, Huron
  - o EMDR
- Dori Dalton, Bellevue
  - o EMDR
  - o 567-455-7206
- Michelle Rathfelder, Fremont
  - o EMDR, Veterans
  - 0 419-614-6512
- Dr. Susan Dorski, Psychologist, Castalia
  - Family of military
  - o 419-483-9228
- Tasha Ford, Intentional Bliss Wellness Services, Amherst
  - Family of military
  - 0 216-772-3600
- Denise Kidder, Safe Haven Behavioral Health Services, Port Clinton
  - Specialized training in working with Veterans
  - o 419-708-0441
- Samantha Bechtel, Bechtel Counseling & Consulting, Vermilion
  - Specialized training in working with veterans
  - 0 440-709-4089
- Find a provider: https://starproviders.org/

## **Support services:**

- Lifeline for Vets
  - Lifeline for Vets is a vet-to-vet assistance program. Vets staff hotlines, chats, and texts to provide support to other vets who are in need. Veterans who need to talk to someone, want to find out about support opportunities, or feel like they are in crisis right now can call (888) 777-4443 or request assistance online.
- Grief support groups available through Stein Hospice
  - o https://www.steinhospice.org/services/bereavement/supportgroups/

## **Education:**

- NAMI Homefront
  - o Free, online resource
  - Provides information about mental health conditions, treatment options, stress management, self-care, communication strategies, transitioning from military life to civilian life



The Veterans Crisis Line is available for **all** Veterans and their loved ones.

