

Planning and Monitoring Committee Meeting Minutes

Meeting date: Monday, June 3, 2019

Meeting time: 5:06pm – 7:17pm

Meeting location: Conference room, 12 Benedict Ave.

Recorder: Kristen Cardone

Committee Members Present:

X	Laura Wheeler, Board Chair	X	Steve Barnes, Committee Chair
X	Rob Duncan, Second Vice Chair	X	Ken Murray
	Julie Landoll		Mike White - excused
	Ben Chaffee, Jr. - excused	X	Lisa Hivnor

Invited Staff Present:

X	Kristen Cardone, Executive Director		Ashley Morrow, Administrative Assistant
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Community members Present:

Unfinished business/updates:

- Criminal justice MAT symposia
 - As part of the State Opioid Response grant (SOR), the Ohio Department of Mental Health and Addiction Services (OhioMHAS) is sponsoring 10 medication-assisted treatment (MAT) Symposia for criminal justice professionals. The free trainings focus on the nature, application, efficacy and implementation of MAT. Trainings are hosted by Moore Counseling and Mediation Services, Inc. Workshops have been approved for (6) CLEs and CEUs. One of the trainings will be held in Huron County on August 2, 2019 at the Department of Job and Family Services.
- Recovery House in Bellevue
 - Lavin and Tom Schwan are planning on opening a recovery house in the Huron County portion of Bellevue and will be providing additional information to the Board as the project progresses.
- Nord Center RFI request and meeting
 - Ms. Cardone received an email from CEO Eric Morse 2 weeks ago in which he requested a copy of our RFI as they would like to apply for funding. Eric shared that the VOCA grant they received for sexual assault services requires a 20% match. Ms. Cardone also met with Nord Center last week. Nord Center discussed services they currently provide in Lorain County and shared that they plan to not only provide sexual assault services in Huron County, but also prevention services around sexual assault and counseling services for sexual

assault victims, including adults with history of sexual assault. Staff will be cross trained by bilingual staff so they can meet the needs of the Hispanic population in Huron County.

- Location of Board meeting (Willard)
 - Willard City Manager Jim Ludban has asked if the Board would be willing to hold at least a couple of the Board meetings in Willard. He stated he has a space we can use for free.
 - It was discussed that if the Board meets in Willard, then they also need to make sure they are meeting in other towns throughout the county.
 - It was decided that determined that the Board will continue to meet in Norwalk for now.
- Peer support
 - Discussion centered around ALERT and options for where to house the program as it grows. It was discussed that the expansion of ALERT is a few months out, however, the Board needs to determine a home of the program so Medicaid can be billed for peer support services.
 - Let's Get Real is not able to bill Medicaid so they are not an option currently. Board members discussed their desire to have an in-county agency, ran by people from Huron County. Members discussed the possibility of housing the program under Michael Pack's 501c3 he is building, and whether the Board staff should be assisting Michael in getting this up and running. Board members agreed with Board staff assisting Michael in this venture.
- First Responder feedback (Attachment II)
 - Board members reviewed feedback from Ms. Cardone's meetings with first responders. Discussion centered around this feedback in which first responders identified the need for services to assist with mental health and shared what services they believe would be most beneficial.
 - Board members discussed the Clear Minds proposal, including how the feedback from first responders aligns, or does not align, with services listed in the proposal.
 - Ms. Cardone is to continue to seek out feedback from the remaining first responders prior to the Board meeting.
- Willard Community Connectors
 - Manda Rice has emailed the program staff at the Ohio Department of Education to see if she can get some clarity, but in the meantime, she sent a page from the state of Ohio proposed budget for 2020 showing that the Community Connectors line item was zeroed. While the budget will not be fully approved until 6/30, she wanted to demonstrate that the funding stream from the state has ended.

Discussion Items:

- Presentation request – Nord Center
 - Nord Center will be coming to present to the Board in the June 18th Board meeting.
- Reporting/My Outcomes (Attachment III)

- Board members reviewed and discussed My Outcomes and proposed reporting requirements for contracted agencies. Discussions regarding My Outcomes included determining the value of this service and the tendency for certain populations of clients to submit bad reviews regardless of the quality of services. It was determined that the Board will wait on implementing My Outcomes, or a similar program, until they see what the new reporting shows at which time they will determine if a client satisfaction program such as this is needed.
- Proposed reporting was reviewed, and Board members stated they are in agreement with proposed changes as this increases accountability and the Board's understanding of services being provided.
- Nominations for Board position policies
 - Ms. Wheeler shared she is still working on developing language around Board position policies and will be sharing this with the Board during the June 18th Board meeting.
- Contracts
 - Board members discussed the new contracts completed by Christina Shaynak-Diaz. Members discussed section 7.7 Reduction in Maximum Allocation Amount and selected the end of the third quarter (March 31st) as the date for possible reallocation of funds, if needed.
 - Board members reviewed annual contracts and changes in funding from FY19 to FY20 were discussed. Brown Consulting will increase due to adding on a third agency for auditing.

Attachment I

On-going contracts/expenses FY20

GOSH/Geisler	Electronic claims processing services	\$10,725.00
SSW/Financial person	Financial support	\$30,000.00
Brown Consulting	Audit and independent peer review	\$13,500.00
FCF support	Annual support for FCF	\$2,000.00
Carla Davis	Client representative	\$1,100.00
Erie Ottawa Vocational Services Match	BVR services through Firelands VR program	\$12,000.00
Central Pharmacy through OhioMHAS/Sheriff meds	Psychotropic Meds	\$29,000.00
Board Administration		\$195,000.00
Board Operated Services		\$20,000.00
QRT	Quick Response Team-pays for peer supp/therapist	\$14,000.00
ALERT	Pays for peer supporter, mileage, supplies	\$25,000.00

Motions:

SFY2020 Board Contracts which occur annually with no bid

1. Indigent Drivers Funds (IDAT) are funds provided to the Boards from the courts to support alcohol and drug services. This brings in additional revenue to our system.
2. Brown Consulting performs an independent peer review and field audit on Board contracted treatment agencies. This is an increase from last year because of the additional treatment agency for SFY 2020.
3. Carla Davis is an attorney who represents our residents for judicial commitments to state hospitals.
4. Our annual contribution to Huron County Family and Children First Council to support the coordinator.
5. Match for the Opportunities for Ohioans with Disabilities contract which supports the regional vocational services program for our population. The contract is held at the Erie Ottawa Board for this project.
6. GOSH claims processing support and software licensing through the Clark, Greene, Madison Board and Geisler IT services. This is needed so our treatment agencies can send their claims through GOSH for payment.
7. The Board contracts with Firelands for Central Pharmacy Services, which is a reimbursement service.

<p>MOTION:</p>	<p>That the Huron County Board of Mental Health and Addiction Services (MHAS) authorize its Executive Director to enter into SFY 2020 Contracts/Agreements with the following entities:</p> <ul style="list-style-type: none"> • With Bellevue Municipal, Norwalk Municipal and Huron County Juvenile Courts and with FCRS for the purpose of implementing Amended Substitute Senate Bill 131, which created in these courts IDAT Accounts, to be administered by ADAMHS/ADAS/MHAS Boards. Funds from these Accounts are used to purchase AoD treatment services from Board-designated providers for persons court-identified to be indigent and meet the other criteria for use of these funds. Contracts may be continuing, or “evergreen,” if Parties so agree. • With Brown Consulting, Ltd., for completion of the Independent Peer Review of a valid and reliable sample of the Board contracted treatment agencies non-Medicaid funded AoD treatment cases and for the completion of a Field Audit of a valid and reliable sample of non-Medicaid funded MH cases for an amount of funds not to exceed <u>\$13,500</u>. • With Attorney Carla Davis for legal representation of the Board when county residents are considered for judicial commitments to state hospitals/other legal matters for an amount of funds not to exceed <u>\$1,100</u>. • With the Huron County Family and Children First Council (FCFC) for funds not to exceed <u>\$2,000</u> to participate in the subsidy of the FCFC’s operations. • With the MH Recovery Board of Erie-Ottawa Counties for Huron County Opportunities for Ohioans with Disabilities vocational services contract and to provide the required match not to exceed <u>\$20,000</u>. • With the Clark, Greene, Madison Board to provide GOSH claims processing services for two treatment agencies electronic billings not to exceed <u>\$8,225</u>. • With Geisler IT to purchase an annual license to support GOSH at the Clark, Green, Madison Board not to exceed <u>\$2,500</u>. • With OhioMHAS to administer the Central Pharmacy Outpatient Program and to designate a provider authorized to utilize the allocation of Pharmaceutical Credit made available so that state-purchased psychoactive medications/MAT may be obtained for qualifying individuals (\$29,000). 		
<p>Motion Made By:</p>		<p>Seconded:</p>	

Attachment II – First Responder Feedback

Norwalk Police Department: Chief Conney

- Letter provided

Huron County Sheriff: Sheriff Corbin

- Letter provided

Huron County Department of Job and Family Services: Lenora Minor

- Letter provided

Firelands Counseling (crisis team): Jacki Salter

Jacki shared that they have services in place for their crisis staff to meet their mental health needs. She stated that Firelands does the crisis debriefings for the county and the Board pays for these services (this is part of our contract with them). She stated that in the year she has been in her role they have not been called out to do a single crisis debriefing in the county. Jacki stated her staff are trained in non-violent crisis debriefing. She stated the only benefit she sees in the proposal is if we need more than 2 CIT trainings annually, that this would allow for that.

Jacki stated that Firelands can provide QPR services in the county if needed for \$196/hour which covers 2 trainers. QPR is typically between 1-2 hours per session.

Steven Click (OhioMHAS ASSIST program):

Mr. Click shared that the ASSIST program offers many different free trainings for first responders regarding mental health issues. He shared that he would be more than happy to come up here and meet with all our first responders to assist us in developing a plan to meet their needs.

Norwalk Fire Department: Chief Soisson, Jamie Starcher

Chief Soisson and Jamie Starcher discussed what they see as being the needs of firefighters and shared the issues around mental health and suicide in this population. Jamie discussed that the firefighter situation in Huron County is unique, given all the volunteers, many with no insurance or the support of working in a paid position. He stressed it is important to make sure they have free access to help, so they are able to utilize the resources. We discussed the possibility of an EAP program, similar to what is utilized by DJFS, and I shared that I will research options. Jamie stressed the importance of peer support, and he volunteered to train firefighters to be peer supporters, which would allow for each department to have peer supporters on staff, available full time to support one another. Jamie also discussed the importance of having a safe space in which first responders can go to and meet with peer supporters and/or clinicians.

We discussed the difference in needs between firefighters and law enforcement, and the need for different services to address these unique needs as having a one size fits all program would not be as beneficial. Chief Soisson and Jamie Starcher shared that a resource guide would be very helpful as they are not aware of what services are available if something more than peer support is needed. I shared with them the resources we have found so far and will continue developing a resource guide which will be distributed to each department. Both shared that they do not believe the CISD training is helpful and

discussed the need for other trainings that are more applicable and useful. We discussed the need for coping skills and stress management training to provide individuals with the tools needed to hopefully decrease the need for clinical services in the future. Chief Soisson asked if I would be able to teach an hour on this, and I stated I would check with the Board. Chief Soisson stated that there are 2 primary things he believes are needed – peer support and having competent clinicians to help support firefighters. Jamie Starcher stated “I will help in any way I can. This isn't about money to me. Please let me know when and where I can help. I would be glad to speak to any members or the board about my experiences with peer support.” Jamie shared with me that he had no idea he was listed in the proposal as one of the staff for Clear Minds, and was visibly surprised when I told him that he was listed as one of the 4 FTE's.

New London Police Department: Chief Marko

Chief Marko stated they have ministers/chaplains within their community that they reach out to if services are needed. He stated they utilize a counseling agency out of Lorain County (Kenneth DeLuca and Associates) and that they are very happy with the services they receive there. He shared that his staff feels more comfortable receiving services there since they are out of county. He does not believe any additional trainings outside of CIT are needed, and he discussed how mental health training hours have been increased at the academy. He shared that he believes peer support would be beneficial, but states that he believes having his staff trained to be peer supporters would be better as he believes his staff would be more inclined to talk to one another than someone else from outside the department.

Fisher Titus: Katie Chieda

Fisher Titus hold internal debriefings for difficult situations/traumas. These debriefings are triggered based on leadership discussions and they work with Stein Hospice for these debriefings. North Central EMS, Fire, Police, etc. are included in these debriefings if they were part of the incident. Fisher Titus offers EAP for all employees for personal or work-related issues and they receive 2 to 4 counseling sessions for free. If additional counseling is needed, it goes through their health insurance. The Behavioral Health department sends out educational pieces to all employees which address mental health issues, stress, etc. They are also working on implementing Mental Health CPR training for employees.

Willard: City Manager Jim Ludban, Chief Chaffins, Chief Reiderman

City Manager Jim Ludban, Chief Chaffins, and Chief Reiderman shared their thoughts regarding the needs of first responders, how to best meet those needs, and the Clear Minds proposal. Feedback as follows:

- Debriefings have not been overly effective in the past.
- It takes a long time to build trust with a counselor/chaplain/peer supporter and many times individuals will go out of town for services due to confidentiality concerns. It is believed that it would take a while for these services to truly be utilized as it will take time to build the trust needed.
- Having chaplains helps with the confidentiality concerns, and Willard PD has a chaplain on staff currently to assist.
 - o Many chaplains in Willard have offered their services and are willing to assist if needed.

- Peer support is viewed as a beneficial service for safety service employees.
 - o Safety service employees will talk to each other and are more apt to talk to a peer in the department than to work with someone from the outside.
 - o Having a peer supporter from outside the department that is someone with experience, such as Dave Light, would work as well.
 - o It would be beneficial to have a mix of peers – some currently in the department and some that are retired from safety service departments that have experience and a good reputation in the field.
- Concerns shared regarding the amount of money being requested in the proposal.
- Another layer of peer support would be beneficial, as the need is there, but it is unclear at this what extent of service is needed.
- Recommended that we start slow with services, don't spend a great deal of money, gather support for the concept, and then grow it from there.
- The City of Willard supports the concept but not necessarily the proposal as submitted.

North Central EMS – Ashley Ballah

I met with Ashley Ballah, Executive Director. She shared that she believes they are very well supported for mental health, as their parent company, Fisher Titus Health, has many resources available for staff. She stated the staff has an EAP through the hospital which allows for 3 Behavioral Health sessions at no cost to the employee. She also believes they are well covered with trainings and debriefings when needed. She stated she does not believe the peer support piece of the proposal would be well received and she does not believe the staff would participate in the services being offered in the proposal. She shared that she would welcome a list of resources.

Attachment III - Reporting

Firelands – Quarterly

- QPR (date, location, # served)
- MHFA/CIT/LGBTQ trainings (date and # served)
- Waiting list summary for all programs/all locations
- Summary of services provided, and number served
 - Health Home Wellness
 - Forensic Monitoring
 - Detox Services
 - Medication Assisted Treatment and Bridge (which form of MAT)
 - Crisis Residential at Rescue
 - Wrap Services
 - Peer Support Services
 - Hotline
 - Jail Services (excluding VR)
- Vocational Rehabilitation
 - Total Served
 - VR Applications
 - Eligibility
 - IPEs
 - Competitively Employed Closures
 - Total number of open cases at end of quarter
 - # of job placements and average wage
 - One success story
- List of staff and openings
- Attend quarterly meeting
- Quarterly service demand (AoD/MH/Adult/Youth)

AOD Services

	Adult	Youth	Total
Norwalk			
Bellevue			
Willard			

Mental Health Services

	Adult	Youth	Total
Norwalk			
Bellevue			
Willard			

- 24-hour care/crisis intervention

Face-to-Face Crisis Interventions:

	1 st	2 nd	3 rd	4 th
Resulting in hospitalization				

	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
People in Crisis maintained in the Community				

➤ Utilization of NOPH and Rescue are shown below.

	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
NOPH admissions				
Rescue diversions				

The table below describes Firelands' Emergency Services staff's crisis activity by reporting period.

	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
Crisis Interventions				

➤ Below is a summary of case dispositions for those consumers who did not require psychiatric hospitalization.

<i>Face-to-face Crisis Interventions did not result in Hospitalization</i>			
1 st Quarter (July-September)			
2 nd Quarter (October-December)			
3 rd Quarter (January-March)			
4 th Quarter (April-June)			

➤ Summary of Prescreens that resulted in hospitalization

Face to Face Crisis Intervention Resulting in Hospitalization	FRMC	NOPH	Rescue	Other	Grand Total
1 st Quarter					
2 nd Quarter					
3 rd Quarter					
4 th Quarter					

Family Life Counseling - Quarterly

- CBSG
 - # seen per school
 - # of sessions per week for quarter
 - Feedback from school administration
- Waiting list summary for all programs/all locations
- List of staff and openings, by location
- Quarterly service demand (AoD/MH/Adult/Youth)

AOD Services

	Adult	Youth	Total
Norwalk			
Bellevue			
Willard			

Mental Health Services

	Adult	Youth	Total
Norwalk			
Bellevue			
Willard			

- House of Hope
 - Describe progress of your project
 - Explain how the property plans or has met Ohio Recovery Housing standards.
 - Has the property accepted residents? How many residents have been provided housing?

House of Hope Statistics X/X/X to X/X/X		
Total Inquiries	Number	Percentage of total
Huron County Inquiries		
Out of County Inquiries		
Accepted by HOH		
Not Accepted by HOH		
Did Not Qualify/Did Not Pursue		
Accepted by HOH, Applicant Declined		
Participant Left HOH		
Current Participants		

- Has your agency developed the required protocols for administrative oversight? If so, please explain and explain how you implement these protocols.
- Has your agency developed the required policies, procedures, and house rules? If so, please explain and explain how these are followed/enforced.
- Have you made adjustments to the project, and if so, what adjustments have been made and why?
- How are you linking residents with local community and treatment services as needed?
- How are you evaluating the success of your program? Are you evaluating outcomes? Please describe your program outcomes.
- Please describe successes/challenges/trends
- Attend quarterly meeting

Oriana House - Quarterly

- Family Matters
 - # attended

- # of sessions and what covered
- Summary of results from surveys of participants to include:
 - Gain confidence using social skills taught (goal 75%)
 - Feel ready to use social skills taught in interactions in the family (goal 75%)
 - Learn skills they believe will be useful for their family (goal 75%)
- Jail services
 - Assessments
 - # served
 - When received (goal 90% receive assessment within 5 business days)
 - Show rate post release (goal 80%)
 - Vivitrol
 - # served
 - Follow treatment recommendations post release (goal of 70%)
 - Remain in MAT post-release by receiving second Vivitrol injection (goal 70%)
- Waiting list summary for all programs
- Detox
 - # served and where
- List of staff and openings
- MH at CROSSWAEH
 - # served
- Quarterly service demand
 - Number served
 - Number turned away for inability to pay
 - IOP completion rate (goal of 66%)
 - Number served by Charity Care (goal of 20%)
- Attend quarterly meeting

Drug Free Clubs of America

- Annually – submit year end metrics
- Quarterly
 - # enrolled by school
 - Activities in each school
 - Challenges/successes/feedback

Reach Our Youth - Quarterly

- Summarize feedback and input from mentors, mentees, and mentee's families
- Statistics - # of mentors and mentees
 - # of mentors applied/new interest in the program
- What monthly group activities occurred?
- What training opportunities occurred for the quarter?

Family and Children First Council - Quarterly

- Data from CANS assessment – summary

- # families/children involved
- What doing for these families
- Where are families at in the process
- What has staff done during this quarter to help expand/improve FCFC

Miriam House - Quarterly

- # Served
 - Demographics (age, race, income, MH/AoD data)
 - Exits
- Client Successes
- Fiscal Health
- Challenges/Trends
- Outcomes
 - # exit to permanent housing
 - Increased percentage of employment income at exit
 - Non-cash benefits at exit
 - Maintain or increase their income
- Summary

Adult Advocacy - Quarterly

- Current Clients
- Client Successes/Implementation
 - Summary of four areas of quality of life for clients (health/medical, social and spiritual, environment/living, personal finances)
- Fiscal Health
- Challenges/Trends

Age Exchange - Quarterly

- # served
- Successes
- Challenges/Trends
- Outcomes/Feedback

Huron County Juvenile Court - Quarterly

- # enrolled and what phase they are in
- # of graduations during quarter, for fiscal year
- # of negative urinalysis
- # of clients committing new offenses
- # of clients attending sober support services
- # of clients who continue to move towards satisfactory completion of their individual treatment plans
- # of clients who continue to move towards satisfactory completion of their individually identified educational/vocational goals

- # of clients who show documented progress towards satisfying any court-imposed orders as documented by coordinator
- Challenges/trends