

# Mental Health and Substance Use at Work

Recovery Friendly



## Employer Toolkit

### Employee Education and Resources

#### 5 Minute Safety Talks

<https://www.safetytalkideas.com/safetytalks/alcohol-use/>

<https://www.safetytalkideas.com/safetytalks/drug-abuse/>

<https://www.safetytalkideas.com/safetytalks/opioid-abuse/>

#### Recovery Friendly Workplace YouTube Channel

<https://www.youtube.com/playlist?list=PL778Cdq2bwGofEGJMgHxAYp2bVot562tU>

#### Recovery Ohio

<https://recoveryohio.gov/resources/all-resources/recovery-friendly-employer-modules>

#### Training Modules Include

1. Impact of Opioids in the Workplace
2. A Legally-Sound Drug-Free Workplace Program
3. Crafting a Policy That's Right for Your Business Operation and Culture
4. The Why, When & How of Workplace Testing
5. Responding to an Employees Harmful Use of Drugs
6. Building a Healthy & Productive Workforce by Supporting Employees in Recovery
7. Navigating My Recovery at Work
8. A Dose of Reality for Employees

#### Ohio Chamber of Commerce Toolkit

<https://ohiochamber.com/opioid-toolkit/>

The Mental Health and Substance Use at Work Employer Toolkit has been developed to raise awareness with businesses about how to respond to the risks associated with mental health challenges and substance use disorder. The content is meant for educational purposes only and not for the purpose of providing legal advice or replacing the additional work needed to develop a responsible Recovery Friendly Workplace program. As such, it should not be used as a substitute for consultation with a legal professional, or other competent advisor.

Medical advice and information in this document were approved by The National Safety Council-NSC physicians who advise the Council on our substance use harm initiatives. These doctors are also members of the NSC Physician Speakers Bureau.

#### NEED HELP?

If you have questions or need help finding materials, please contact [admin@huroncountymhas.org](mailto:admin@huroncountymhas.org).