

Planning and Monitoring Committee Meeting

Meeting date: Monday, April 1, 2019

Meeting time: 5:01pm – 6:47pm

Meeting location: Conference room, 12 Benedict Ave.

Recorder: Kristen Cardone

Committee Members Present:

X	Laura Wheeler, Board Chair	X	Steve Barnes, Committee Chair
X	Rob Duncan, Second Vice Chair	X	Katie Chieda
	Julie Landoll	X	Mike White
X	Ken Murray		

Invited Staff Present:

X	Kristen Cardone, Executive Director	X	Ashley Morrow, Administrative Assistant
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Community members Present:

Unfinished business/updates:

- New Board member
 - Ms. Cardone informed the Committee that Ben Chaffee will be sworn in on April 9, 2019. Ben is the superintendent of South-Central Schools and will be joining the Planning and Monitoring Committee.
- Agency updates
 - Ms. Cardone informed the Committee that John Chime is stepping down from his position as Regional Operations Director at Family Life Counseling & Psychiatric Services and his last day in this role will be 4/5/19. Mr. Chime has shared that he plans to continue working as a counselor 3 days per week at Family Life.
 - Ms. Cardone updated the Committee on her interactions with FI Community Housing's financials.
 - Ms. Cardone shared that she had reached out to FI Community Housing concerning their current balance of funding and asked to schedule a meeting to discuss the remaining months of the fiscal year. Ms. Cardone received a request from Angela to meet over coffee.
 - Ms. Wheeler asked that Mr. Strickler be involved in scheduling a meeting.
 - Ms. Cardone will follow up with Mr. Strickler on how to schedule a meeting.
 - House of Hope

- Ms. Cardone shared the email from House of Hope discussing their proposed transfer of assets and year end reconciliation at the end of FY19, at which time Mr. Bell and Mr. Peeler will be retiring.
 - Ms. Wheeler asked if Mr. Strickler has spoken with House of Hope's attorney and Ms. Cardone shared that he has not, due to Mr. Strickler being on vacation.
 - Ms. Wheeler suggested that the Board follow the directives of Mr. Strickler to make sure all items are handled properly and legally. Ms. Wheeler also suggested Ms. Cardone contact the Board's financial agent, Keelsra, to ask their opinion on the transfer of assets.
- Audit update
 - Ms. Cardone informed the Committee of the following:
 - Firelands Counseling & Recovery Services audit was completed week of 3/18
 - Family Life Counseling & Psychiatric Services audit is scheduled for 4/5/19
 - FI Community Housing audit is TBS
- Bridge Device funding request
 - Ms. Cardone spoke with Tim Hollinger at Huron County Public Health and he shared that the Health Department is willing to provide bridge device services without partnering with any specific treatment agency. Mr. Hollinger stated they will look in to the cost of putting on the devices and will get back with the Board on how they would like to proceed. He shared that he agrees the devices are needed in the community and they are willing to take it on for as long as it is needed.
 - The 2 devices the Board would be purchasing are not practice devices but will be a rotating inventory with those being the first to be used.
- Lorain County
 - Ms. Cardone shared with the Committee that The Lorain County ADAS Board and MH Board will be merging, as of July 1. Lorain County is currently the only split Board remaining in the state. Ms. Cardone will provide the Board with updates as this process continues.
- Deterra bags
 - Ms. Cardone informed the Committee that she received notification that the Board will be receiving 800 Deterra drug deactivation pouches to distribute throughout the county. Ms. Cardone hopes to receive these in time for national prescription take back day on April 27th.
- PAX Training
 - Ms. Cardone mentioned that in a previous meeting, Ms. Wheeler had suggested doing another PAX training. Sue Wilson with Family Life Counseling emailed Ms. Cardone, stating she recently attended the training and is now able to provide these trainings. Currently there is one scheduled for New London Schools and Ms. Wilson is willing and interested in doing more.

- Ms. Wheeler suggested Ms. Cardone reach out to Sue Wilson to see if she would be available to join the meeting Ms. Cardone is attending with the superintendents on May 7th to discuss PAX Training and the needs of the schools.
- Ms. Cardone will contact Sue Wilson to see if she would be available for that meeting.

Discussion Items:

- Ms. Cardone informed the Committee that Crystal Michel from the Family and Children First Council will be presenting at the April Board Meeting.
- ROSC/Services and Programming Discussion
 - Transportation update
 - Ms. Cardone and Ms. Morrow met with Huron County Transit on March 27th to discuss the possibility of expanding transportation services. They will be putting together a proposal to send the Board, outlining expenses and discussing feasibility of the ask.
 - Mr. Duncan mentioned that transportation and childcare are common barriers for individuals working 3rd shift and asked if there was a way to reduce those barriers.
 - Ms. Morrow will contact child care providers from the Huron County child care provider list to see who can provide services for 3rd shift employees.
 - Sandusky Artisans
 - Ms. Cardone and Ms. Morrow met with Sandusky Artisans on 3/25/19 to find out more information regarding what services they offer and their role in the recovery community. They shared how they started and how they got to where they are today. They stated they are not willing to come to Huron County but would be more than happy to help us build a community center, like what they have.
 - Jail Services
 - Ms. Cardone suggested the idea of expanding the ALERT program and providing Peer Support in to the jail up to 2x/week.
 - Committee members were in complete agreement with ALERT peer supporters providing peer support services in the jail.
 - Ms. Cardone explained the need for the expansion of mental health services in the jail. Jail staff informed Ms. Cardone that currently only clients from Firelands Counseling are being seen. Ms. Cardone will work on finding out what barriers there are on services and how to expand services to all inmates.
 - The possibility of offering Vivitrol through FTMC to inmates being released was mentioned to Ms. Cardone and Ms. Cardone will schedule a meeting with Beth Dille from FTMC in near future to discuss this service.
 - Mr. White mentioned that compassion training would be beneficial for first responders and jail staff. Ms. Cardone will work on how to provide mental health services and compassion training to the local agencies.

- Suicide Coalition
 - Ms. Cardone hosted a Suicide coalition meeting on 3/28/19. The group discussed concerns, areas that need to be addressed and how to proceed with implementing interventions. The group finished with the goal of starting with the area that they believe would be most impactful which the group will need to identify.
 - Ms. Cardone informed the Committee that a Suicide training is being held in Willard on 5/17/19, and the MHAS Board will have the opportunity to host the same training in the evening Norwalk for the public.
- Community Events
 - Fair
 - Ms. Cardone informed the Committee of the plans to be a part of the Huron County Fair again this year. It was recommended Ms. Cardone reach out to the Fair committee to determine if we can secure a larger booth.
 - **Motion for Implementation**
 - Strawberry Festival
 - Ms. Cardone informed the Committee of the plans to be a part of the Strawberry Festival this year.
 - **Motion for Implementation**
 - A Wellness Fair (Perkins Family Gym)
 - Ms. Cardone informed the Committee that she and Ms. Morrow signed up to attend a Wellness Fair 4/7/19 at Perkins Family Gym.
 - **Motion for Implementation**
- SFY 2020 Board Meetings schedule
 - Ms. Cardone presented the potential SFY20 Board Meeting Schedule to the Committee for review and approval.
 - Committee members discussed the possibility of cancelling the July Board meeting as it is summer vacation and some individuals have vacations scheduled at this time.
 - This topic will be discussed in the Implementation meeting to gather input from Committee members.
- CARES Awards and Opiate Conference
 - Ms. Cardone shared with the Committee that the Board received 2 free tickets for Board staff and/or Board members to attend both days at the Opiate Conference through OACBHA.
 - It was determined that Ms. Cardone will attend, and Board members are to contact Ms. Cardone if they are interested in attending as well.
 - Ms. Cardone informed the Committee that the last day of the conference conflicts with the June 11th Board meeting. It was recommended the June Board meeting be moved to June 18th to accommodate attendance at the Opiate Conference.
 - **Motion for Board meeting**

- At this year's Opiate Conference in June, the CARES awards will be presented again for first responders and frontline workers will be presented again. The local Boards, working with their local task forces and community partners are asked to nominate individuals to receive the CARES awards. Awards will be presented in the following categories: State Highway Patrol; Sheriff's Office; Police; Fire; EMS; Champion of Recovery (someone who has gone above and beyond in your community who may not fall into one of the other categories).
 - Ms. Cardone asked the Committee if they would like to nominate Sheriff Corbin and Chief Conney for these awards due to their incredible efforts, hard work and collaboration with local agencies to help the community members of Huron County.
 - The Committee members agreed to nominate both Sheriff Corbin and Chief Conney for the CARES Award.
- Appreciation Week plan
 - Ms. Cardone shared that the Board has received a total of \$1350 from OACBHA to use for Appreciation Week activities. \$350 of which can be used for food.
 - Ms. Cardone shared that the plan is to purchase tumblers (handout) along with food (donuts, cookies, etc.) and the Committee members were in agreement with this plan.
 - **Motion for Implementation**
- Mental Health Awareness month event -
 - Ms. Cardone shared that The Board has a total of approximately \$5,500 in the budget for FY19 to be used for training/education/prevention. Ms. Cardone and Ms. Morrow have been working on planning multiple events throughout the month of May and would like to utilize some of the funds.
 - Ms. Cardone asked the Committee members how much they would approve to use for the events.
 - Ms. Wheeler suggested the budget of \$1,000 to be used for Mental Health Awareness month events. Ms. Cardone informed Committee members this amount may be enough but will depend on the quote from the Suicide Prevention trainer, and a final dollar amount will be discussed during the Board meeting.
 - **Motion for Implementation**
- Huron County Health Department contract request
 - Huron County Public Health asked if there is any possibility of their contract being extended minimally through the end of this year in order to present a better outcome for this work. Their reasoning for coming to this decision to ask for an extension revolves around several points:
 - The scope of the project changed drastically after they started working on the project as that started as an opiate problem quickly changed to something employers are more frequently dealing with alcohol and marijuana problems; this led to them re-thinking their approach.

- Lack of attendance by HR representatives from companies in the area at group meetings led them to have to set up several one-on-one meeting with employers.
 - Nicole Marks will be leaving on maternity leave in 4 weeks or less and will be out through the beginning of July and with the staff shortage, it will be difficult for staff in the office to find time to work on this in the next few months.
 - Mr. White suggested HCPH come to the next Board meeting to present their current progress.
 - The Committee agreed that an extension of the contract was not an option. Ms. Cardone will contact Tim Hollinger to see if he is able to come to the Board meeting and answer any questions the Board has
- RFI presentations
 - Ms. Cardone shared that in the past, it is her understanding that Dr. Beth Williams met with agencies who submitted RFI's, summarized proposals, and shared the summary with the Board Members. Ms. Cardone asked the Committee members if they would be interested in being a part of the presentations.
 - Ms. Wheeler and Ms. Chieda said they do not see a need to be present for the RFI presentations.
- Criminal Justice MAT Symposium (Attachment II)
 - Ms. Cardone shared that OhioMHAS has offered to put on a free criminal justice MAT symposium in Huron County, sometime prior to September 2019. This symposium will provide an overview of the nature, application, efficacy and implementation of Medication Assisted Treatment (MAT) in the criminal justice system. Participants will receive 6 continuing education credits.
 - Participant learning objectives for the sessions include:
 - Identify trends that have contributed to the opioid epidemic
 - Identify the stigma surrounding addiction disorders
 - Identify myths of MAT
 - Verbalize understanding of MAT modalities and benefits
 - Recognize the difference between opioid treatment programs (OTPs) and office-based opioid treatment programs (OBOTs)
 - Verbalize strategies to increase access to treatment programs with MAT
 - Identify benefits of MAT interventions within the criminal justice system

Action Items:

Potential Motion: To approve the SFY 2020 Board Meeting Schedule, as listed in Attachment I.

Potential Motions for Implementation:

Potential motion: To approve budget for 2019 Week of Appreciation activities, in an amount not to exceed \$1,350.00.

Potential motion: To approve budget for FY19 Mental Health Awareness month activities, in an amount not to exceed \$1,000.

Potential motion: Authorize Executive Director to submit payment for the 2019 Huron County Fair, in an amount not to exceed \$250.

Potential motion: Authorize Executive Director to submit payment for Norwalk Jaycees Strawberry Festival 2019, in an amount not to exceed \$100.

Potential motion: Authorize Executive Director to submit expense reimbursement in the amount not to exceed \$20 for payment made to Haven Hypnosis and Wellness, LLC for Wellness Fair at Perkins Gym on April 7, 2019.

Attachment I

State Fiscal Year 2020

Huron County Board of Mental Health and Addiction Services (MHAS)

CALENDAR OF BOARD AND COMMITTEE MEETINGS

(Meetings convened in the MHAS Board Room unless otherwise arranged.)

- **JULY 2019 (*Independence Day – 4th*)**
 - Monday, July 1 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, July 2 - 12:30 P.M. - Implementation Committee
 - Tuesday, July 9 - 6:00 P.M. - Board Meeting
- **AUGUST 2019**
 - Monday, August 5 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, August 6 - 12:30 P.M. - Implementation Committee
 - Tuesday, August 13 - 6:00 P.M. - Board Meeting
- **SEPTEMBER 2019 (*Labor Day – 2nd*)**
 - Monday, September 9 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, September 10 - 12:30 P.M. - Implementation Committee
 - Tuesday, September 17 - 6:00 P.M. - Board Meeting
- **OCTOBER 2019 (*Columbus Day – 14th*)**
 - Monday, October 7 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, October 8 - 12:30 P.M. - Implementation Committee
 - Tuesday, October 15 - 6:00 P.M. - Board Meeting
- **NOVEMBER 2019 (*Veterans Day – 11th; Thanksgiving – 28nd*)**
 - Monday, November 4 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, November 5 - 12:30 P.M. - Implementation Committee
 - Tuesday, November 12 - 6:00 P.M. - Board Meeting
- **DECEMBER 2019 (*Christmas – 25th*)**
 - Monday, December 2 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, December 3 - 12:30 P.M. - Implementation Committee
 - Tuesday, December 10 - 6:00 P.M. - Board Meeting

- **JANUARY 2020 (*New Year's Day – 1st; MLK, Jr. Birthday – 20st*)**
 - Monday, January 6 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, January 7 - 12:30 P.M. - Implementation Committee
 - Tuesday, January 14 - 6:00 P.M. - Board Meeting
- **FEBRUARY 2020 (*President's Day – 17th*)**
 - Monday, February 3 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, February 4 - 12:30 P.M. - Implementation Committee
 - Tuesday, February 11 - 6:00 P.M. - Board Meeting
- **MARCH 2020**
 - Monday, March 2 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, March 3 - 12:30 P.M. - Implementation Committee
 - Tuesday, March 10 - 6:00 P.M. - Board Meeting
- **APRIL 2020 (*Easter – 12st*)**
 - Monday, April 6 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, April 7 - 12:30 P.M. - Implementation Committee
 - Tuesday, April 14 - 6:00 P.M. - Board Meeting
- **MAY 2020 (*Memorial Day – 25th*)**
 - Monday, May 4 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, May 5 - 12:30 P.M. - Implementation Committee
 - Tuesday, May 12 - 6:00 P.M. - Board Meeting
- **JUNE 2020**
 - Monday, June 1 - 5:00 P.M. - Planning/Monitoring Committee
 - Tuesday, June 2 - 12:30 P.M. - Implementation Committee
 - Tuesday, June 9 - 6:00 P.M. - Board Meeting

Attachment II

Moore Counseling and Mediation Services, Inc. Criminal Justice MAT Symposium Agenda

Registration

Welcome Moore Counseling and Mediation Services, Inc.
Judge's Welcome

Trends – Opioid Epidemic

Stigma -- The Disease of Addiction

BREAK

Presentation – Police Officer

MAT – Myths, Modalities and Benefits

LUNCH – On Your Own

Opioid Treatment Programs (OTP) and Office-Based Opioid Treatment Programs (OBO1)

Access to and Benefits of MAT in the Criminal Justice System

Ask the Doctor

BREAK

Presentation – Supreme Court of Ohio

Break Out

- Lessons Learned
- Impact of the Opioid Epidemic on the Criminal Justice System
- Strengths of MAT in Community's Criminal Justice System

Report Out – Results of Break Out

Closing Video

Evaluation and MAT Post Survey

